

Shannon Womack

Joined the FRC team in January of 2024 as an instructor and retail sales associate. Later promoted to assistant manager and finally to general manager in July of 2024. While employed at FRC, earned LA certified private security instructor and NRA pistol instructor ratings.

Retired from the Denham Springs Police Department in July of 2022 with 33 years of service and the last 6 as Police Chief. Graduate of the 101st Session of the LSU Basic Training Academy and 212th Session of the FBI National Academy.

LA POST instructor in multiple disciplines, including Defensive Tactics and Chemical Weapons.